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# Asperger's Rules!: How To Make Sense Of School And Friends



## Synopsis

Fitting in to school and social life can be the single most challenging task when you have Asperger's syndrome. *Asperger's Rules!* can help. Packed full of information, this book covers common school situations and the uncommon challenges that they can present to a child with Asperger's. Kids will find the how-to for understanding and communicating with peers and teachers, standing up for and taking care of themselves, setting realistic goals, and making friends. *Asperger's Rules!* belongs in the backpack of every kid with Asperger's and is an essential resource for getting the most out of middle school.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (45 customer reviews)

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Age Range: 10 - 13 years

Grade Level: 5 - 8

## Customer Reviews

As a middle school teacher, I've become more and more aware that many of my students seem to fall on the "spectrum." Whether I'm just more aware of these kids or whether there are actually more of them -- well, I'll leave that to the experts. But I know I need more insight into how kids with Asperger's think and see the world, and this book is a great help. *ASPERGER'S RULES* lays out the challenges of everyday life, academic and social, for the kid with Asperger's, and provides practical, useful, effective strategies and scripts for dealing with them. Most importantly, Blythe Grossberg provides interpretation and translation of the unspoken and inferred rules of life as well. By shedding light on the emotional reasons for these rules, she gives them purpose and meaning, and doesn't

simply expect an Asperger's kid to parrot words without understanding. This book will help kids express the appreciation and affection that they feel but don't know how to express. Some chapters in the book are "Teachers and Asking for Help"; "The Unwritten Rules of the Classroom" (including body language); "Other Situations in School" (such as dealing with recess, lunch and gym); and "Healthy Habits" (including expectations for hygiene). We teachers expect that a seventh grader doesn't need to be told, "It's important to speak with your teachers in polite ways that show you appreciate them", especially when so many of our Asperger students are otherwise so smart and don't miss a trick! But Grossberg doesn't take for granted that a student with Asperger's will realize that importance or know how to pull it off. She'll explain what those polite ways actually are, and what a student can and should say in all the situations at school that really matter.

This book is a Godsend! I wish I'd had it years ago. Blythe Grossberg is a genius. It's as simple as that. Grossberg provides clear and specific rules for navigating rules on school territory. I like the way scripts and scenarios are presented as those are good ways to help clue a young Aspie in on how to respond; what tone of voice to use and what facial expressions to expect. This book is definitely a "key" that will reach Aspies of all ages in learning the more subtle tacit Social Codes & Rules. One good rule of thumb that is emphasized in this book is to provide specific examples. For instance, telling a student with Asperger's to show appreciation; speak respectfully and other directives of that ilk may be a bit too general. This book provides tips on how to achieve those very goals. I really liked the chapter on how to ask teachers for help and for understanding tacit classroom rules. I like the way this book is inclusive in that it a) provides a better understanding of what Aspies go through on a routine daily basis and b) it helps clue teachers in so that they can couch their instructions in an all inclusive way. For example, instead of telling the class to make relevant comments, the teacher might say things like, "I'd be interested in hearing everybody's relevant, related to the [subject] we've just read/talked about." "Please speak in a softer tone of voice," "Please look at John when John is talking so that he will know that you are listening to what he is saying." I love the clear and very organized way this book is presented. It is a good navigational tool for Aspies, parents, educators and in truth everybody. This book will certainly open the Door of Tolerance in that everybody will learn something from it.

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